

# Inclusive Football

**GET AHEAD**  
PARTNERSHIP

EDUCATION. SPORT. WELLBEING

## How to play

- Each school will be allocated a start point
- There will be a set amount of stations
- You will rotate and have a go on each station
- After completing all stations you will then play games
- Each school will play each other

## General points

- The scores will not be recorded as it is about having fun.
- Encourage your team mates during their time doing the stations and games.
- Be aware of other children.

**Get Ahead Partnership**

Baysgarth School  
Barrow Road  
Barton upon Humber  
North Lincolnshire DN18 6AE

[www.letsgetahead.co.uk](http://www.letsgetahead.co.uk)

# Football Inclusive Rules

Entry	Entry via <a href="http://www.letsgetahead.co.uk/competitions-and-courses/competitions">http://www.letsgetahead.co.uk/competitions-and-courses/competitions</a>
Teams/ Gender:	<ul style="list-style-type: none"> <li>All children taking part must be eligible for inclusive events.</li> <li>Teams to be made 6 children (boys or girls) who meet the criteria.</li> <li>If schools do not have 6 children who meet the criteria, they may still attend with as many pupils as possible. Those pupils shall be integrated into a team upon arrival.</li> </ul>
Duration:	<ul style="list-style-type: none"> <li>The format of the event will consist of all pupils taking part in a variety of skill stations, followed by a tournament where every team will get to play some competitive matches.</li> </ul> <p>Event Timings</p> <p>1:00- Brief schools about the event            1:15 – skills stations to start            1:50 – Drinks break/ pitches set up            2:00 – Football tournament/matches start            2:50 – Games to finish            2:55 – Presentation            3:15 – Event to finish            3:30 – Equipment away and leave site</p>
	<ul style="list-style-type: none"> <li>Each team shall participate in all of the available skill stations at the beginning of the event.</li> <li>Skill stations will include activities to work on passing, dribbling, shooting and attacker v defender situations.</li> <li>Skill stations will be overseen by local Secondary School Sports leaders/ ambassadors.</li> <li>Teams will carousel around the stations at timed intervals that will last approximately 10minutes.</li> <li>Some of the stations include; Dribbling, Running with the ball, Passing and Receiving and shooting.</li> </ul>
Playing the Game:	<ul style="list-style-type: none"> <li>Each team shall then be entered into a mini tournament.</li> <li>All teams will play each other.</li> <li>Games shall last 10 minutes each, and be officiated by the leaders.</li> <li>All matches will be 5-a-side, with roll-on, roll-off substitutions.</li> <li>There will be no red or yellow cards, however a 1 minute sin-bin shall be in effect should a referee deem it necessary.</li> <li>Pupils who engage in any sort of physical altercation shall be removed from the current match, and also made to sit out their team's following game.</li> <li>These games are non-competitive so the results will not be recorded.</li> </ul> <ul style="list-style-type: none"> <li>3 points shall be awarded for a win, 1 point for a draw and 0 points for a defeat.</li> <li>If 2 teams are tied on points at the end of the tournament, the winner shall be decided based upon their head-to-head record.</li> <li>If more than 2 teams are tied on points, goal difference shall be the determining factor.</li> </ul>
Health & Safety:	<ul style="list-style-type: none"> <li>All pupils must be supervised by staff from their school at all times.</li> <li>All pupils will require shin pads for protection whilst playing.</li> <li>Metal or screw-in studs are prohibited on the playing surface (3G artificial pitch). Therefore trainers are suitable.</li> <li>Pupils must respect the referee's decisions at all times.</li> </ul>
Results:	<ul style="list-style-type: none"> <li><a href="http://www.thefa.com/">http://www.thefa.com/</a></li> </ul>