

Football Inclusive Rules

GET AHEAD
PARTNERSHIP

EDUCATION. SPORT. WELLBEING

Entry	
Entry via http://www.letsgetahead.co.uk/competitions-and-courses/competitions	
Teams/ Gender:	<ul style="list-style-type: none">Games are 7-a-side with a maximum squad of 9 players.
Duration:	<ul style="list-style-type: none">Game timings TBA when fixture list has been completed.If a school is late, games can be shortened at the discretion of the referee.
Playing the Game:	<ul style="list-style-type: none">Game is started with a traditional kick off from the centre spot.Throw ins, goal kicks and corner kicks to be taken at the appropriate time when the ball leaves the field of play.Children are encouraged to use the correct throw in technique, however referees will be lenient.Goal kicks to be taken from the 6 yard box.Players are permitted to enter the 6 yard area.Goal keepers are permitted to kick the ball out of their hands.Re-starts after a goal are to be taken from the centre spot.No offsidesRoll on, roll off substitutions.Teams to swap sides at half time
Health & Safety:	<ul style="list-style-type: none">All matches will take place on artificial pitches, under floodlights if required.Children to wear shin pads and trainers / football astro trainers at all times.Football boots are not permitted
Results:	<ul style="list-style-type: none">3 points for a win, 1 point for a draw and 0 points for a loss.

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Teams/ Gender:	<ul style="list-style-type: none"> All children taking part must be eligible for inclusive events. Teams to be made 6 children (boys or girls) who meet the criteria. If schools do not have 6 children who meet the criteria, they may still attend with as many pupils as possible. Those pupils shall be integrated into a team upon arrival.
Duration:	<ul style="list-style-type: none"> The format of the event will consist of all pupils taking part in a variety of skill stations, followed by a tournament where every team will get to play some competitive matches. <p>Event Timings</p> <p>1:00- Brief schools about the event 1:15 – skills stations to start 1:50 – Drinks break/ pitches set up 2:00 – Football tournament/matches start 2:50 – Games to finish 2:55 – Presentation 3:15 – Event to finish 3:30 – Equipment away and leave site</p>
	<ul style="list-style-type: none"> Each team shall participate in all of the available skill stations at the beginning of the event. Skill stations will include activities to work on passing, dribbling, shooting and attacker v defender situations. Skill stations will be overseen by local Secondary School Sports leaders/ ambassadors. Teams will carousel around the stations at timed intervals that will last approximately 10minutes. Some of the stations include; Dribbling, Running with the ball, Passing and Receiving and shooting.
Playing the Game:	<ul style="list-style-type: none"> Each team shall then be entered into a mini tournament. All teams will play each other. Games shall last 10 minutes each, and be officiated by the leaders. All matches will be 5-a-side, with roll-on, roll-off substitutions. There will be no red or yellow cards, however a 1 minute sin-bin shall be in effect should a referee deem it necessary. Pupils who engage in any sort of physical altercation shall be removed from the current match, and also made to sit out their team's following game. These games are non-competitive so the results will not be recorded. 3 points shall be awarded for a win, 1 point for a draw and 0 points for a defeat. If 2 teams are tied on points at the end of the tournament, the winner shall be decided based upon their head-to-head record. If more than 2 teams are tied on points, goal difference shall be the determining factor.
Health & Safety:	<ul style="list-style-type: none"> All pupils must be supervised by staff from their school at all times. All pupils will require shin pads for protection whilst playing. Metal or screw-in studs are prohibited on the playing surface (3G artificial pitch). Therefore trainers are suitable. Pupils must respect the referee's decisions at all times.
Results:	<ul style="list-style-type: none"> http://www.thefa.com/