Sportshall Development Year 5/6 Tuesday 28th March 2023

| Boys' Team sheet <br> School teams should consist of a minimum of 9 girls and 9 boys, with a maximum of 15 girls and 15 boys being permitted <br> - Please tick the appropriate boxes to allocate athletes to the event. <br> - An athlete is limited to 2 track events plus 2 field events. |  | Track |  |  |  |  |  | Field |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Obstacle Relay | $\begin{gathered} 1+1 \text { Lap } \\ \text { Relay } \end{gathered}$ | $\begin{gathered} 2+2 \text { Lap } \\ \text { Relay } \end{gathered}$ | 6 Lap <br> Paarlauf | Over / Under Relay | $\begin{gathered} 4 \times 1 \text { Lap } \\ \text { Relay } \end{gathered}$ | Chest Push | Standing Long Jump | Standing Triple Jump | Vertical Jump | Soft Javelin | Speed Bounce |
|  | Number of Athletes per Event | 4 | 2 | 2 | 2 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 |
| $\begin{aligned} & B \\ & 0 \\ & y \\ & s \end{aligned}$ | 1. |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 2. |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 3. |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 4. |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 5. |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 6. |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 7. |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 8. |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 9. |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 10. |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 11. |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 12. |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 13. |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 14. |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 15. |  |  |  |  |  |  |  |  |  |  |  |  |

Sportshall Development Year 5/6 Tuesday 28th March 2023

| Girls' Team sheet <br> School teams should consist of a minimum of 9 girls and 9 boys, with a maximum of 15 girls and 15 boys being permitted <br> - Please tick the appropriate boxes to allocate athletes to the event. <br> - An athlete is limited to 2 track events plus 2 field events. | Track |  |  |  |  |  | Field |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Obstacle Relay | $\begin{gathered} 1+1 \text { Lap } \\ \text { Relay } \end{gathered}$ | $\begin{gathered} 2+2 \text { Lap } \\ \text { Relay } \end{gathered}$ | 6 Lap <br> Paarlauf | Over / Under Relay | $\begin{gathered} 4 \times 1 \text { Lap } \\ \text { Relay } \end{gathered}$ | Chest <br> Push | Standing Long Jump | Standing Triple Jump | Vertical Jump | Soft Javelin | Speed Bounce |
| Number of Athletes per Event | 4 | 2 | 2 | 2 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 |
| 1. |  |  |  |  |  |  |  |  |  |  |  |  |
| 2. |  |  |  |  |  |  |  |  |  |  |  |  |
| 3. |  |  |  |  |  |  |  |  |  |  |  |  |
| 4. |  |  |  |  |  |  |  |  |  |  |  |  |
| 5. |  |  |  |  |  |  |  |  |  |  |  |  |
| 6. |  |  |  |  |  |  |  |  |  |  |  |  |
| 7. |  |  |  |  |  |  |  |  |  |  |  |  |
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| 12. |  |  |  |  |  |  |  |  |  |  |  |  |
| 13. |  |  |  |  |  |  |  |  |  |  |  |  |
| 14. |  |  |  |  |  |  |  |  |  |  |  |  |
| 15. |  |  |  |  |  |  |  |  |  |  |  |  |

