

# KS2 Get Glowing

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| Teams/Gender:    | Schools can bring a maximum of 30 children. This can be a mixture of boys and girls from KS2   |
| Event Format:    | <p>Schools will have the opportunity to take part in trying different UV games with the lights turned off. There will be 8 different activities for the children to experience moving round in a carousel format. All activities will be demonstrated by a leader.</p> <p>For the duration of the event your group will remain together for all the activities.</p> <p>This event is split into two different time slots and schools can choose to either the morning or the afternoon session but unfortunately not both.</p> <p>The morning session will be 10am - 12pm and the afternoon session will be 1pm - 3pm.</p> |
| Scoring:         | These are non scoring activities   |
| Health & Safety: | Children are advised to wear a white t-shirt or something illuminous to increase visibility whilst at the event. Staff will be given Hi Vis vests to ensure participants can clearly see the staff members and young leaders.  |
| Target Group:    | Children that are low in confidence and self esteem and that may have never represented your school before. This can include SEND children.  |
| Intent:          | ENGAGE: Develop physical skills; increase confidence; provide alternatives to traditional physical activity; increase activity levels in a fun environment; engage new audiences, foster social connections in a non-competitive setting.  |

# KS1 Get Glowing

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| Teams/Gender:    | Schools can bring a maximum of 20 children. This can be a mixture of boys and girls but please remember to choose the children that are low in confidence and self esteem and that may have never represented your school before.   |
| Event Format:    | <p>Schools will have the opportunity to take part in trying different UV games with the lights turned off. There will be 8 different activities for the children to experience moving round in a carousel format. All activities will be demonstrated by a leader. For the duration of the event your group will remain together for all the activities.</p> <p>This event is split into two different time slots and schools can choose to either the morning or the afternoon session but unfortunately not both.</p> <p>The morning session will be 10am - 12pm and the afternoon session will be 1pm - 3pm.</p> |
| Scoring:         | This is a non scoring activity  |
| Health & Safety: | <p>Children are advised to wear a white t-shirt or something illuminous to increase visibility whilst at the event.</p> <p>Staff will be given Hi Vis vests to ensure participants can clearly see the staff members and young leaders.</p> <p>Staff must accompany their group around the stations of activities.</p>  |
| Target Group:    | Children that are low in confidence and self esteem and that may have never represented your school before. This can include SEND children.   |
| Intent:          | ENGAGE: Develop physical skills; increase confidence; provide alternatives to traditional physical activity; increase activity levels in a fun environment; engage new audiences, foster social connections in a non-competitive setting.   |