

# Sportshall Year 3/4

Teams/ Gender:	School teams should consist of a minimum of 9 girls and 9 boys, with a maximum of 15 girls and 15 boys being permitted. Therefore a team size can vary from 18 to 30 athletes.
Event format:	<p>There are 2 sessions available (10.00-12.30pm OR 1.00pm - 3.30pm). Schools can only select ONE session for a team to compete. The morning and afternoon sessions will then be ran as 'virtual events' with the final results shared when both sessions have been completed. There will be final placings based on a schools performance, not the position they came in either the morning or afternoon session. Each athlete may compete in a maximum of two track and two field events, drawn from the following:</p> <p>On the track (each requiring two girls &amp; two boys)</p> <ul style="list-style-type: none"> <li>• 1 + 1 Lap Relay</li> <li>• 2 + 2 Lap Relay</li> <li>• 1 + 1 Lap Hurdles Relay</li> </ul> <p>On the track (each requiring four girls &amp; four boys)</p> <ul style="list-style-type: none"> <li>• Obstacle Relay</li> <li>• Over / Under Relay</li> <li>• 4 x 1 Lap Relay</li> </ul> <p>On the field (each requiring three girls &amp; three boys)</p> <ul style="list-style-type: none"> <li>• Chest Push</li> <li>• Soft Javelin</li> <li>• Speed Bounce</li> <li>• Standing Long Jump</li> <li>• Five Strides</li> <li>• Vertical Jump</li> </ul> <p>A full explanation of each event together with some teaching points can be downloaded from <a href="http://www.sportshall.org">www.sportshall.org</a> Please download the 'Primary School' resources. <a href="https://www.sportshall.org/primary/primary-sportshall-competition/teachers-downloads">https://www.sportshall.org/primary/primary-sportshall-competition/teachers-downloads</a> Team sheets must be completed before arrival at an event with athletes' names and the correct number of athletes for each event.</p>
Scoring:	In each event points are allocated based on finishing position and the number of schools who have entered the competition. For example if 8 schools enter the competition then 16 points will be awarded for 1 <sup>st</sup> place, 14 points for 2 <sup>nd</sup> place etc. These will not be finalised until both the morning and afternoon sessions have been completed.
Target Group:	Children from Year 3 and 4 who have the confidence and social skills to represent their school in a competitive event in a community setting. This may be their first experience of Sportshall in a school v school event.
Intent:	Support individual development in sport. To develop different sport specific skills. Experience community surroundings and environments outside of a school setting.

# Sportshall Year 5/6

Teams/ Gender:	School teams should consist of a minimum of 9 girls and 9 boys, with a maximum of 15 girls and 15 boys being permitted. Therefore a team size can vary from 18 to 30 athletes.
Event format	<p>Each athlete may compete in a maximum of two track and two field events, drawn from the following:</p> <p>On the track (each requiring two girls &amp; two boys)</p> <ul style="list-style-type: none"><li>• 1 + 1 Lap Relay</li><li>• 2 + 2 Lap Relay</li><li>• 6 Lap Paarlaf</li></ul> <p>On the track (each requiring four girls &amp; four boys)</p> <ul style="list-style-type: none"><li>• Obstacle Relay</li><li>• Over / Under Relay</li><li>• 4 x 1 Lap Relay</li></ul> <p>On the field (each requiring three girls &amp; three boys)</p> <ul style="list-style-type: none"><li>• Chest Push</li><li>• Soft Javelin</li><li>• Speed Bounce</li><li>• Standing Long Jump</li><li>• Standing Triple Jump</li><li>• Vertical Jump</li></ul> <p>A full explanation of each event together with some teaching points can be downloaded from <a href="http://www.sportshall.org">www.sportshall.org</a> Please download the 'Primary School' resources. <a href="https://www.sportshall.org/primary/primary-sportshall-competition/teachers-downloads">https://www.sportshall.org/primary/primary-sportshall-competition/teachers-downloads</a> Team sheets must be completed before arrival at an event with athletes' names and the correct number of athletes for each event.</p>
Scoring	In each event points are allocated based on finishing position and the number of schools who have entered the competition. For example if 8 schools enter the competition then 16 points will be awarded for 1 <sup>st</sup> place, 14 points for 2 <sup>nd</sup> place etc.
Target Group:	Children from Year 5 and 6 who have the confidence and social skills to represent their school in a competitive event in a community setting.
Intent:	COMEPETE: Support individual development in sport. To develop different sport specific skills. Experience community surroundings and environments outside of a school setting.

# Sportshall Development Year 5/6

Teams/ Gender:	School teams should consist of a minimum of 9 girls and 9 boys, with a maximum of 15 girls and 15 boys being permitted. Therefore a team size can vary from 18 to 30 athletes.
Event format	<p>Each athlete may compete in a maximum of two track and two field events, drawn from the following:</p> <p>On the track (each requiring two girls &amp; two boys)</p> <ul style="list-style-type: none"> <li>• 1 + 1 Lap Relay</li> <li>• 2 + 2 Lap Relay</li> <li>• 6 Lap Paarlaf</li> </ul> <p>On the track (each requiring four girls &amp; four boys)</p> <ul style="list-style-type: none"> <li>• Obstacle Relay</li> <li>• Over / Under Relay</li> <li>• 4 x 1 Lap Relay</li> </ul> <p>On the field (each requiring three girls &amp; three boys)</p> <ul style="list-style-type: none"> <li>• Chest Push</li> <li>• Soft Javelin</li> <li>• Speed Bounce</li> <li>• Standing Long Jump</li> <li>• Standing Triple Jump</li> <li>• Vertical Jump</li> </ul> <p>A full explanation of each event together with some teaching points can be downloaded from <a href="http://www.sportshall.org">www.sportshall.org</a> Please download the 'Primary School' resources. <a href="https://www.sportshall.org/primary/primary-sportshall-competition/teachers-downloads">https://www.sportshall.org/primary/primary-sportshall-competition/teachers-downloads</a> Team sheets must be completed before arrival at an event with athletes' names and the correct number of athletes for each event.</p>
Scoring	In each event points are allocated based on finishing position and the number of schools who have entered the competition. For example if 8 schools enter the competition then 16 points will be awarded for 1 <sup>st</sup> place, 14 points for 2 <sup>nd</sup> place etc.
Target Group:	Children from Year 3 and 4 who need to develop the confidence and social skills to represent their school in a competitive event in a community setting. This may be their first experience of Sportshall in a school v school event and they must not have represented their school in Sportshall events previously. They may be a 'B' team from a large school,.
Intent:	DEVELOP: Support individual development in sport. To develop different sport specific skills. Experience community surroundings and environments outside of a school setting.