## Dodgeball

## GETARFAD

| Teams/Gender: | Teams of 6 players. <br> There must be at least one boy and one girl on court at the start of each game. |
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| Event Format: | The game length is 2 minutes. A match is the best of 3 or 5 games. Substitutions are allowed between the 2 minute games. At the end of each game, teams swap ends. |
| Rules | Starting the Game: <br> 2 teams of 6 players each begin the game with one foot or hand touching the end line or wall. <br> 3 balls begin in the centre zone. <br> On the referees whistle a maximum of 3 players from each team race to collect a ball from the centre zone. <br> The balls must be passed back to a teammate within 2 m of the back wall or line. <br> On collecting a ball, the players are free to throw the ball at the opponent, in order to get them 'OUT'. <br> Playing the Game: <br> All players have 5 seconds to throw a ball in their possession. <br> All players are not allowed to roll the ball or deliberately throw the ball out of play. <br> You can use a ball in your possession to block a thrown ball. <br> Elimination 'GETTING OUT': <br> Hit by a Dodgeball thrown by an opponent without a bounce. <br> An opposition player catches a Dodgeball that you have thrown. <br> Stepping over the centre zone lines or out of the court. <br> The ball you are holding is knocked from your hands by an opponent's throw. <br> Punching or kicking the ball. <br> Headshots do not count and both players stay in. <br> The 'SAVE' Rule: <br> You can SAVE a teammate from getting OUT if you catch a ball deflected off him/her without the ball having touched another player or surface. <br> 'WINNING' a Game <br> Eliminating all opposition players within 2 minutes. <br> The team with the most players left on court at the end of 2 minutes (If teams are equal, the game is drawn). |
| Target Group | KS2 boys and girls. |
| Intent | COMPETE: Support individual development in sport. To develop different dodgeball specific skills. Experience community surroundings and environments outside of a school setting. |

