

Obstacle Fun Run

Monday 17th July 2023 at App Frod Sports & Social Club. DN16 1AA.

Teams/Gender:	A school can bring a maximum of 30 children from either KS1 or KS2. There are no gender requirements.
Event Format:	This event is an outdoor fun run with lots of different obstacles for the children to challenge themselves throughout. This event will also include some fun orienteering activities as well as an activity focusing on Active Maths. Please note this is not a competitive event, but would be ideal for those children within your school who are in KS1 & KS2 and are in the less active/low confidence category that may not have represented your school before at an off-school site event. This may also include children who need to focus on their teamwork and social skills.
Scoring:	Please note this is not a competitive event, but would be ideal for those children who need to focus on their teamwork and social skills.
Results:	There will be no results as this event is about the development of skills and is non competitive.
Health & Safety:	All activities will be outside on grass areas. Please ensure all children are dressed appropriately for the activity sessions. Some activities on the fun run may involve water, so please be mindful that children may need a change of t-shirt.
Target Group:	Children who would benefit from developing their teamwork and applying their social and confidence skills in new situations in new surroundings away from the school site.
Intent:	DEVELOP: Develop character and life skills; engage in new activities; foster social connections; develop new skills; increase physical activity levels; increase confidence.