## North LincoInshire KS2 Primary Athletics

| Teams/Gender: | An overall team of 24 athletes will be comprised of the following: 6 from Year 3/4 Girls 6 from Year 3/4 Boys 6 from Year 5/6 Girls 6 from Year 5/6 Boys |
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| Morning Session | The following events have 2 boys and 2 girls from Year 3/4 and Year 5/6: 40 m sprint, 60 m sprint <br> The following events have 1 boy and 1 girl from Year 3/4 and Year 5/6: $200 \mathrm{~m}, 400 \mathrm{~m}$ ( $\mathrm{Y} 3 / 4$ ) 600 m ( $\mathrm{Y} 5 / 6$ ) <br> The following events have 3 boys and 3 girls from Year 3/4 and Year 5/6: Standing Long Jump, Soft Javelin Throw |
| Afternoon Session | The following relays will also take place during the event: <br> Mixed Year $3 / 4 \times 40 \mathrm{~m}$ Relay ( 3 boys and 3 girls from year $3 / 4$ )) <br> Mixed Year $3 / 4 \times 40 \mathrm{~m}$ Relay ( 3 boys and 3 girls from year 5/6) <br> Year $3 / 44 \times 50 \mathrm{~m}$ Relays ( 4 boys and 4 girls from year 3/4) <br> Year $5 / 64 \times 100 \mathrm{~m}$ Relays ( 4 boys and 4 girls from year 5/6) <br> Mixed Year 3/4 Swedish Relay (2 boys and 2 girls from year 3/4). Distances are 50m, 50m, 100m, 200m. <br> Mixed Year 5/6 Swedish Relay (2 boys and 2 girls from year 5/6). Distances are $100 \mathrm{~m}, 100 \mathrm{~m}, 200 \mathrm{~m}, 200 \mathrm{~m}$. <br> Mixed Age/Gender Swedish Relay ( 1 boy and 1 girl from year $3 / 4$ and 1 boy and 1 girl from year $5 / 6$ ). Distances are $50 \mathrm{~m}, 50 \mathrm{~m}, 100 \mathrm{~m}, 200 \mathrm{~m}$. |
| Scoring: | Points will be allocated on the positions achieved in each of the events explained above. <br> There are 3 different categories (small, medium, large schools) based on the KS2 school roll numbers of the schools attending |
| Target Group | Y3/4/5/6 Boys and Girls |
| Intent | COMPETE: Support individual development in sport, develop sports specific skills, develop character and life skills experiencing an international standard venue. |

