

# Year 4 / 5 / 6 Orienteering (Pairs and Teams)

Tuesday 16th May 2023 at App Frod Sports & Social Club. DN16 1AA.

**GET AHEAD**  
PARTNERSHIP

EDUCATION. SPORT. WELLBEING

Teams/Gender:	Children from Year 4, 5 and 6. The course is completed in pairs, but children in the pair must be from the same year group. (see below)
Event Format:	<p>The first start time is allocated for 10.00am and the last start time for groups will be 4.30pm. Start times for each school will be every half hour where possible so 10.00am then 10.30, 11.00, 11.30 etc all the way through to 4.30pm. The start time is when the competition will be explained to your students and they will complete a practice grid. The students will be set off on the main competition course at approx 1 min intervals, so this takes various times depending on the number from each year group from your school taking part. All times will be recorded and displayed on the screens by the changing room. There are separate competitions for Year 4, Year 5 and Year 6. The course is completed by pairs of students and these must be from the same age group. Year 4 complete the course in pairs. This can be either boy/boy, boy/girl or girl/girl. Year 5 complete the course in pairs. This can be either boy/boy, boy/girl or girl/girl. Year 6 complete the course in pairs. This can be either boy/boy, boy/girl or girl/girl. Please allow approx 90 mins from your arrival for your students to be introduced to the orienteering competition, complete the practice and then the competition course appropriate to their age group. This may take slightly less or longer depending on the size of your group. Schools may bring as many pairs of students as they wish in each age group, but please be aware that we need to know the numbers of pairs (<b>this is essential</b>) by the deadline issued to ensure we have adequate equipment for the electronic timing. After all your students have completed the course, you are free to return to school as the full results will not be available until the end of the day. These will be emailed to schools as soon as possible after the event, with medals for the top 3 pairs and top 3 teams in each age group. These will be delivered to the appropriate schools as soon as possible. The top team is the shortest time of the top 3 pairs combined in that year group from a school.</p>
Scoring:	A team completes a course and the time is recorded. Time penalties are issued for controls that are missed or completed in the incorrect sequence.
Health & Safety:	Children will be moving around the site on different terrain. Please ensure they have suitable clothing and footwear for outdoor activities. Children must stay in their pairs throughout the course. Staff will need to set up a suitable base for children and are responsible for the first aid of the children from their school.
Target Group:	Those children that may have experience and enjoyed orienteering activities in their school and are looking to apply their skills in new surroundings.
Intent:	COMPETE: Support individual development in sport, develop sports specific skills, Develop character and life skills experiencing an venue / course outside of the school environment.